



# The Professional Culinary Institute

## Wine Hobby Classes

Whether you're looking to advance your skills or make restaurant-quality meals at home, you can learn to cook like the pros in the most comprehensive and fun amateur cooking classes in the Bay Area. We focus on a true hands-on experience with our world-class Chef Instructors and Sommeliers. You will advance your cooking techniques, culinary and wine knowledge, and have a new friend to call for cooking advice. Included in the fee is a packet of recipes for the class and a safety/sanitation checklist for home.

*“Classes subject to minimum number of participants and non-refundable within 72 hours of the class.”*

2/13	Cooking For Wine – Winter Menu	4/24	The Great Wine Taste Off: France vs. California
2/27	Wine Basics II – International Overview	5/15	Champagne and Sparkling Wine
3/20	Wine Basics III - Pairing with Food		

### **Saturday, February 13**

#### **Cooking For Wine – Winter Menu – WAITLIST ONLY**

##### **With Chef Charles Vollmar - 10:00am-2:30pm - \$150 per person**

Food and wine are far too dynamic to be limited to the conventional ideas of “red with red and white with white”. Learn why classic pairings don’t always work and why new approaches rely more on the individual’s ability to create proper balance through exploration and experimentation with taste and flavor. In this interactive program, we begin with a variety of tasting experiments and exercises to better understand food and wine and process of bringing them together - successfully. Learn how to adjust any dish you are cooking or eating in a restaurant to best match the wine you drinking! Putting our new ideas into practice we will prepare a luscious 5-course tasting menu and highlight great California wines with each course and along the way, tasting, adjusting, tasting, adjusting and eating. This is a great exercise for both novices and experienced wine buffs. Chef Charlie emphasizes basic skill and technique work, along with wellness and lifestyle enrichment topics relating to cooking, nutrition, fitness and special needs. His days are spent teaching at top-notch culinary schools, designing custom wellness programs for corporate clients, health clubs and wellness clinics, facilitating interactive workshops, and is currently working on his first book.

### **Saturday, February 27**

#### **Wine Basics II – International Overview**

##### **With Catherine Fallis, MS - 12:30pm-2:30pm - \$50 per person**

In this class we will explore the world of wine, taste at least 6 wines from around the globe and get the inside scoop on differences in wines from many of the main wine producing regions around the world.

France, Italy, Spain, Germany and others, have influenced the rest of the world in both wine and food. In this class you will experience those influences on American, South American, Australian, and New Zealand wines. We will also be able to answer all of your burning questions about the enjoyment of wine.

Catherine Fallis is the fifth woman in the world to have earned the title of Master Sommelier, and is also a Certified Wine Professional. Founder and President of planet grape® LLC, a company committed to bringing a passion for wine, food, and good living into the lives of everyday people. [www.planetgrape.com](http://www.planetgrape.com)

## **Saturday, March 20**

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### **Wine Basics III - Pairing with Food**

**With Catherine Fallis, MS - 12:30pm-2:30pm - \$50 per person**

Learn how the pros do it as well as some basic techniques that you can use everyday at home. We will start with introduction into the characteristics of wine that we look to pair with, as well as the anatomy of the palate and olfactory (sense of smell). You will learn the Old Rules of pairing vs. New Rules and why certain flavors go well with each other, and why others don't. We will touch on some classic pairing as well as discuss what you might pair with your favorite dishes at home. You will taste six common food flavors (samples) against six wines with specifically different attributes. There will be plenty of time for Q&A as well. Make sure to have a bite to eat before class. Catherine Fallis is the fifth woman in the world to have earned the title of Master Sommelier, and is also a Certified Wine Professional. Founder and President of planet grape® LLC, a company committed to bringing a passion for wine, food, and good living into the lives of everyday people. [www.planetgrape.com](http://www.planetgrape.com)

## **Saturday, April 24**

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### **The Great Wine Taste Off: France vs. California**

**With Catherine Fallis, MS - 12:30pm-2:30pm - \$50 per person**

Which is better, a Cabernet Sauvignon from Napa Valley, or a Cabernet Sauvignon-based wine from Bordeaux, France? Come and see for yourself in this 90-minute workshop led by Master Sommelier Catherine Fallis, aka grape goddess®. Taste the old world classics including Bordeaux, Burgundy, and Rhone Valley wines side by side with hot new limited production California wines, many from small, family-owned producers discovered by Catherine and PCI Wine Chairman David Glancy, Master Sommelier. Catherine Fallis is the fifth woman in the world to have earned the title of Master Sommelier, and is also a Certified Wine Professional. Founder and President of planet grape® LLC, a company committed to bringing a passion for wine, food, and good living into the lives of everyday people.

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## **Saturday, May 15**

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### **Champagne and Sparkling Wine**

**With Catherine Fallis, MS - 12:30pm-2:30pm - \$50 per person**

You'll be introduced to the world's most seductive beverage, Champagne, learning about its' climate and soil, grape varieties, history, production methods, styles, about other sparkling wines from around the world, and about how to enjoy them. This program includes a tasting of nine bubblyies, as well as a Champagne sabering performance. Catherine Fallis is the fifth woman in the world to have earned the title of Master Sommelier, and is also a Certified Wine Professional. Founder and President of planet grape® LLC, a company committed to bringing a passion for wine, food, and good living into the lives of everyday people. [www.planetgrape.com](http://www.planetgrape.com)